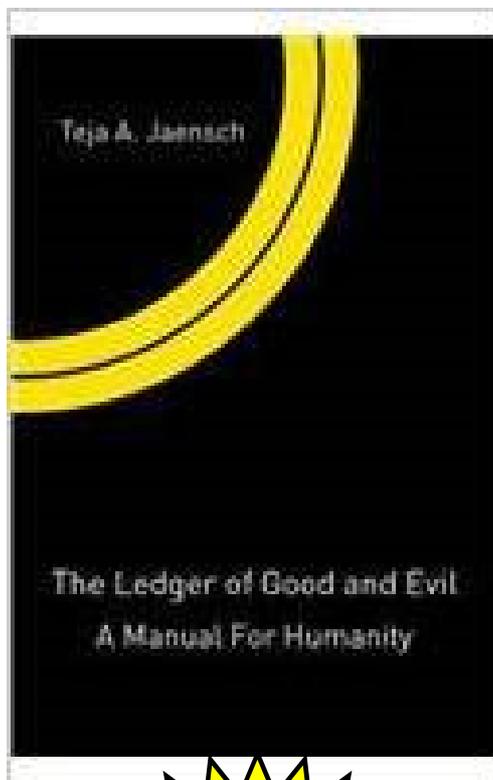


# The Ledger of Good and Evil



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**All philosophies and religions have common themes regarding the basis of humanity, all which approach what *The Ledger of Good and Evil* would call—goodness—something that often takes a lifetime to become completely realised.**

**What we share, our thoughts, actions and interactions, these are the expression of the humane in humanity, these are what *make us human*. This principle extends beyond any boundaries of faith, ethnicity or gender; each of us has this potential inside. The fundamental seed of goodness in the Heart will be nourished by *The Manual for Humanity*.**

**—Elisabeth Rochat de la Vallée, educator, author and translator of classical Chinese texts**

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**—Dr Pranavan Yoganathan, Internal Medical Physician**

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