

Mastering the Art of Abdominal Acupuncture - The Sacred Turtle

Introduction to abdominal acupuncture

- Brief History and discovery
- The 3 layer of the Abdomen
- The Heaven level and The Miraculous Turtle
- Overview of Abdominal Turtle blueprint
- The Abdominal Bagua
- Advantages / Disadvantages & Contra indications

What makes Abdominal Phenomenal

- The power of the Dantian
- The Abdominal Meridian System (AMS)
- Channels and collaterals and zang / fu organs
- The San Jiao and Yuan qi
- Modern Abdominal Scientific theory supporting Abdominal
- The Abdomen is our second brain

Map of abdominal points (2 Dimensional)

- Brief description of main points
- Location of points (variation of points)
- 2 location methods and merits
- Locating points by visual means
- Function of points with regards to superficial layer (Heaven)

Abdominal Diagnosis – Feel the force

- Brief history
- Palpation
- Observation
- Temperature
- Male / Female
- Locating, understanding Nodes and Nodules (Ahshi points)

Demonstration and practical session

■ Abdominal Acupuncture treatment protocol Needling techniques

- Position, intention, Referencing Pain, Communication and feedback
- The subtleties of Abdominal needling, sequence of insertion
- Importance of needle depth (Deqi or no Deqi)
- The importance of Patterns
- Needle formats
- Analysis and interpretation of treatment
- Reducing and tonifying
- Weak or strong constitution

Standard Prescriptions and formulating treatments for various conditions

- Bringing Qi Home, Heaven and Earth etc
- Various Treatment options

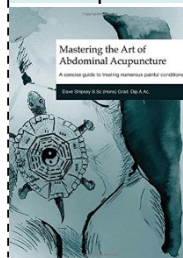
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About David Shipsey

DAVID SHIPSEY is an acupuncturist and Buteyko Breathing teacher with his own practice in Dublin (Ireland) for more than 15 years. He has been practicing acupuncture for over 14 years and have trained in various forms of what I feel are the most powerful acupuncture systems around. David trained full time in China after studying for a year in Ireland. He has spent almost 18 months in total studying in the International University of Traditional Chinese Medicine in Nanjing and interned with many of their affiliated hospitals and 6 months as an Intern with Dr.Han Yan studying Abdominal Acupuncture (Fu Zhen).

David currently teaches Abdominal Acupuncture (AA) at home and abroad. David has published a number of articles on the subject of abdominal acupuncture. This is his first book on **“Mastering the Art of Abdominal Acupuncture”** and it is intended as a teaching manual for qualified acupuncturists and students of acupuncture. David has spent over 3 years writing this book and it is a culmination of 14 years practical clinical experience using AA in his clinic Dan-Tien Complementary Health Studio, and also from his experiences teaching AA through Centreforce Abdominal Acupuncture. David currently living in Wicklow, Ireland, with his wife and three children and has a practice in Dublin.....



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